



CHALLENGE CARD

JFCBS MWA

WELLNESS AND RESILIENCY AWARENESS MONTH

13 APRIL ~ 17 MAY

- SOCIAL
- PHYSICAL
- MENTAL
- SOCIAL
- PHYSICAL
- MENTAL
- SOCIAL
- PHYSICAL
- MENTAL

For more information: www.JFCBrunssum.com



CHALLENGE CARD

JFCBS MWA

WELLNESS AND RESILIENCY AWARENESS MONTH

13 APRIL ~ 17 MAY

- SOCIAL
- PHYSICAL
- MENTAL
- SOCIAL
- PHYSICAL
- MENTAL
- SOCIAL
- PHYSICAL
- MENTAL

For more information: www.JFCBrunssum.com



CHALLENGE CARD

JFCBS MWA

WELLNESS AND RESILIENCY AWARENESS MONTH

13 APRIL ~ 17 MAY

- SOCIAL
- PHYSICAL
- MENTAL
- SOCIAL
- PHYSICAL
- MENTAL
- SOCIAL
- PHYSICAL
- MENTAL

For more information: www.JFCBrunssum.com



CHALLENGE CARD

JFCBS MWA

WELLNESS AND RESILIENCY AWARENESS MONTH

13 APRIL ~ 17 MAY

- SOCIAL
- PHYSICAL
- MENTAL
- SOCIAL
- PHYSICAL
- MENTAL
- SOCIAL
- PHYSICAL
- MENTAL

For more information: www.JFCBrunssum.com



Challenge Card Rules

- Complete 2 different approved activities per category (physical, mental, social).
- Complete a final event/activity from any category to receive your 7th stamp.
- Visit www.JFCBrunssum.com for a current list of approved activities / events. Challenge begins 15 April and ends 17 May 2024.
- Present your challenge card to receive a stamp upon completing an activity.
- One stamp per person, per activity; no consolidating or transferring stamps.
- Engage in activities in good faith; any attempt to cheat will result in disqualification.
- Challenge cards will not be accepted after 17 May.
- Prizes are available while supplies last.
- Claiming your prize: Completed cards will be collected on 17 May during the closing ceremony.

Print First, LAST NAME: _____

For more information: www.JFCBrunssum.com



Challenge Card Rules

- Complete 2 different approved activities per category (physical, mental, social).
- Complete a final event/activity from any category to receive your 7th stamp.
- Visit www.JFCBrunssum.com for a current list of approved activities / events. Challenge begins 15 April and ends 17 May 2024.
- Present your challenge card to receive a stamp upon completing an activity.
- One stamp per person, per activity; no consolidating or transferring stamps.
- Engage in activities in good faith; any attempt to cheat will result in disqualification.
- Challenge cards will not be accepted after 17 May.
- Prizes are available while supplies last.
- Claiming your prize: Completed cards will be collected on 17 May during the closing ceremony.

Print First, LAST NAME: _____

For more information: www.JFCBrunssum.com



Challenge Card Rules

- Complete 2 different approved activities per category (physical, mental, social).
- Complete a final event/activity from any category to receive your 7th stamp.
- Visit www.JFCBrunssum.com for a current list of approved activities / events. Challenge begins 15 April and ends 17 May 2024.
- Present your challenge card to receive a stamp upon completing an activity.
- One stamp per person, per activity; no consolidating or transferring stamps.
- Engage in activities in good faith; any attempt to cheat will result in disqualification.
- Challenge cards will not be accepted after 17 May.
- Prizes are available while supplies last.
- Claiming your prize: Completed cards will be collected on 17 May during the closing ceremony.

Print First, LAST NAME: _____

For more information: www.JFCBrunssum.com



Challenge Card Rules

- Complete 2 different approved activities per category (physical, mental, social).
- Complete a final event/activity from any category to receive your 7th stamp.
- Visit www.JFCBrunssum.com for a current list of approved activities / events. Challenge begins 15 April and ends 17 May 2024.
- Present your challenge card to receive a stamp upon completing an activity.
- One stamp per person, per activity; no consolidating or transferring stamps.
- Engage in activities in good faith; any attempt to cheat will result in disqualification.
- Challenge cards will not be accepted after 17 May.
- Prizes are available while supplies last.
- Claiming your prize: Completed cards will be collected on 17 May during the closing ceremony.

Print First, LAST NAME: _____

For more information: www.JFCBrunssum.com